

Dr. Jochen Becker-Ebel, Hamburg, Germany

- Dr. Jochen Becker-Ebel (*speak/pronounce: Yóken B́acar Ábal*) born 10.02.1961 is CEO of a large German Palliative Care Training Institute called MediAccion in Northern Germany
- With his freelancer team of thirty doctors, nurses and communication trainers he has trained in accredited twenty days trainings over 1.800 nurses and 1200 doctors and 400 participants additional health staff like therapists and spiritual counselors.
- He has studied theology and religious sciences (PhD) in Germany as well as in India, where he stayed for six years at Tiruvannamalai.
- He published /wrote two books on palliative care for the aged and some 20 articles, 4 of them in the German Psychodrama Journal ZPS and of Pastoral Counseling Journal WzM
- He was the founding member of the group of “palliative care for non-cancer patients”, “palliative care and professional counseling” and “palliative care and spirituality” within the German Association of Palliative Care.
- He was delegate of the Psychodrama-institute isi-Hamburg to the Belgrad FEPTO Conference of Training institutes in 2010, and teaching staff member at isi from 2007-11.
- His future plans see him back to India in the palliative and geriatric care training sector.



Brief CV:

Born on Feb. 10th 1961 in Recklinghausen, father Dr. jur. Wilhelm Becker-Ebel (lawyer and manager), mother Hildegard Becker-Ebel, born Fehlings (lawyer)

Study of theology in Bilbao (Spain), Erlangen, Bamberg, Freiburg, with Ph.D. on Jewish Psalms in 1989 and work in counselling until 1996

Visits to India from 1985 to 1995 and work-stay as CFO and RDO of the NGO Shanthimalai Trust and Sri Ramana Maharshi Research and development Trust from 1996 to 1999

Study of Supervision (professional coaching 1999-2002, 1.000 hours including supervised training of 45 hours) and psychodrama practitioner (2002-2005, 550 hours including supervised training of 80 hours) and psychodrama master (2005-2008) in Hamburg. He is a member since 2000 of DGSv (German Association for Supervision and Coaching) and since 2003 DFP (German Psychodrama Council) and since 2008 IAGP (International Association or Group Psychotherapy and Group Processes)

Work as a coach from 2000 till now and work as founder/owner of MediAccion (training center for palliative care) from 2002 till now (together with its partners in the palliative care training bupnet, Schlump and PFSH) with 1 Mill. € annual turnover on training (that is Rs. 8 crore). In addition he works as a counsellor and coach for leaders in the business world and he continues to give certified and open psychodrama training.

Some details:

On Palliative Care Training

1. **Certified by the respective State Medical Councils** Dr. Jochen Becker-Ebel has conducted at least 30 % of the Palliative Care course-moduls at the following places to be a “Palliative Care Practitioner”: **Hamburg** (PACE, since 2005) **Bremen** (PACE since 2005, Medical Council, twice in 2010/2011), **Celle/LowerSaxonia** (Pace since 2005), **Sylt** (Memomed, since 2006), **Mainz/Rheinland-Pfalz** (IGP/Medical Council, since 2008), **Westerstede** (MediAcion/ Plexxon/Ammerland Hospital, since 2012) And four other towns: **Emden, Bad Zwischenahn, Bad Harzburg, Kappeln.**
2. He and his team conduct courses for nurses in four German states (Hamburg, Niedersachsen, North-Rhine-Westphalia and Thuringa), which are all certified under the respective **law §§ 37d, 39a, 132d SBG V** and fully recognized by the German Health insurance system.
3. Dr. Jochen Becker-Ebel did his own certification course to train palliative care under Dr. Ruthmarijke Smeding and Dr. Bernadette Fittkau-Tönnesmann already in 2005 (University of Munich – Christophorus Academy) (it was the second “train the trainer” course ever in Southern Germany)

On Psychodrama Training and Group Dynamics

1. **Certified by the respective Medical and Psychotherapy Council of Hamburg** he has given a certified 2 year Psychodrama Practitioner training together Dipl. psy. Angelika Radizi-Pauls (16 Weekends with 18 training hours each) for a group of twelve MD doctors, diploma psychologists, social workers and other academical workers in 2008-2010. The certificate was given jointly by the certified German Psychodrama-Institutes isi-hamburg and Moreno Institute Überlingen/Goslar (Dr. Gretel Leutz).
2. He has given psychodrama Workshops within the certified German bodies alone and with Eva Leveton and in the presence of Prof. Franz Stimmer (for one of his groups) and together with Prof. Anton Hahne (at the Universty of Wismar) since 2002.
3. He got a basic psychodrama knowledge in his study to be a supervisor (8 weekends per annum from end of 1999 till end of 2002 at the isp, Rauhes Haus, Hamburg, certified institute for supervision) under the guidance of Bernd Fichtenhofer (Psychodrama Institute für Europa/PiFE, certified institute for psychodrama at the German Council) and the supervision of Dr. Ingeborg Wegehaupt-Schneider (isi; and others) and Eva Lüffe Leonhardt (Morneo Institute Stuttgart) and additional workshops with teachers like Ildiko Mävers (president of PiFE), Prof. Dr. Thomas Schwinger (FH University Darmstadt, Chair for social work and psychodrama)
4. He got his certified psychodrama practitioner training at the certified institute isi hamburg with Bernadette Buthe (now: ceo Ella Mae Shearon Institute) and Paul Gerhard Grapentin

(isi) with some 550 hours including 200 on selfexperience and 200 on theory and methods and 80 of practice and reflection on practice.

5. He got his certified psychodrama master training at the certified institute isi-hamburg with Psychotherapist/Psychiater Drumi Dimschev MD, psychotherapist, Paul G. Grapentin, and others with 800 additional hours, including 150 own practice and guided reflection / supervision on this practice. He was certified in 2008.
6. He got additional training and workshops under the guidance/teaching (each at least one weekend) of Dr. Christof Hutter, Judith Maschke, Dr. Anna Gretel Leutz, Hildegard Schuhmacher and five times from Eva Leveton.
7. In the international context he attended seven out of the ten international summer academies (5 day) at Granada Spain and was trained these five days each by experts like Dr. Jose Fonseca, MD/psychotherapist, Brasil; Dr. Barbara –Rose Legeler, MD for Psychotherapy and Psychiatry Dr. Jorge/Jörg Burmester, MD, president IAGP and part time by Prof. Maurizio Gasseau, Italy, and Marcia Karp, PhD, GB, and Ed Schreiber, US.
8. He was trained by other therapists and coaches in the respective methods: Social dreaming matrix with Gordon Lawrence; Group dynamics with Dr. Marie Luise Mitterer-Gehrke. Client centered therapy according Carl Rogers with different teachers.
9. He attended the annual conferences: German national conference from 2004 to 2012 (three times in the position of the “member auditor” of the funds), Annual Formation day (2006 to 2011), the assembly of the German Association of Grouppsychotherapy and Group Dynamics DAGG (2007-2011). He was elected member of the “Education Board” for the National Psychodrama Council DFP from 2008 to 2011.

On Counselling/Coaching

MediAcion is the performing body for **Palliative Care Implementation** in the medical institution of the German Red Cross in the areas of Lower Saxonia, Oldenburg and Thuringa, the Diakonia at Hamburg, Baviera and Lower Saxonia, the BPA (North-Rhine-Westphalia, Lower Saxonia) and others (all Germany). Dr. Becker-Ebel and his staff has helped the formation and foundation of Palliative care wards in Hospitals like Essen (Huysen-Stift), Berlin (Helios) and Norden and he is a regular counselor to over six hospices and more than twenty voluntary-hospice groups all over Germany.

Dr. Becker-Ebel is coaching/counseling leaders and managers in his private praxis.

On University Teaching

Dr. Becker-Ebel was for at least one teaching period guest-lecturer at the following universities f.e.: 1989: **University of Freiburg**, faculty of medicine: “supporting dying patients”, 2004-06 **University Klagenfurt**, IFF Palliative Care / organisational ethics on “Palliative Care for Social workers” “Palliative Care/Supervision”; 2011 **Hochschule Wismar** on “conflict management”,

2012 **EVHN** (Protestant University of Nuremberg): “Ethics for social workers with the focus on Palliative Care”.

He is a regular **speaker** to larger audiences (200 to 600 persons each) at Palliative Care Congresses of Fachbuch Richter (faburi), Schlüter (Caredate), Westdeutscher Pflegekongress, Fachhochschule Braunschweig-Wolfenbüttel and at the Charitee, Berlin (58. Charitee Hauptstadtkongress – Charitee is similar to AIIMS) and Messe Bremen (Leben und Tod 2012, 2013, planned for 2014) as well and at AIIMS (4.1.2013), MMC (20.12.2012), Brandenburger Palliativkongress 2013, Gericom 2013 Indian Academy of Geriatrics (Chennai, 17.12.2013). He will speak at IAPCON 2013; Leben und Tod 2013 and more.

On his literature

He has published apart from his two **books** (and his PhD thesis) 8 scientific **articles** on several topics in Palliative Care, Ethics, and Communication: IZPP; WzM twice ; Im Focus Onkologie; ZfP twice;

He has written some 14 other articles and contributed to hand-books in Palliative Medicine (2010/2013) and Palliative Social Work (2014).

He has published articles on his psychodrama work in ZPS (twice) and IZPP. Another article will be published in 2014. An English translation is available under <http://www.soziatrie.com/2.html>.

Registration

The training institute MediAcion is **registered** under German Tax Authorities as private own undertaking of the Owner and CEO Dr. Jochen Becker-Ebel (profit-undertaking) 47/015/02443 HH-Eimsbüttel.

In the togetherness with the ISO 2001 certified organization bupnet and the nurses advanced training institute DRK (German Red Cross) Bildungszentrum Schlump most of the Palliative care trainings for nurses are organized. These institutes are all recognized by the respective German Bodies. The staff and cooperative trainers of MediAcion are all having certificates in Palliative Care and are entitled by the respective authorities (of doctors: by their medical council/ of nurses: by the German authorities and illness insurances) to teach palliative care.